

Who Do I Contact For More Information

St. Louis County Public Health & Human Service Department
Northland Office Building
307 South First Street
P.O. Box 1148
Virginia, Minnesota 55792

Call St. Louis County Public
Health & Human Service
Department:

Toll Free: 800-450-9777

Virginia: 218-471-7128

Duluth: 218-726-2000

Or visit our website at:

www.co.st-louis.mn.us

Children's Mental Health Services



(CMH)

St. Louis County Public Health
& Human Service Department

What Are Children's Mental Health (CMH) Services?

The State of Minnesota mandates that counties establish a comprehensive, integrated and accountable mental health delivery system that meets the mental health needs of children and youth, and helps people become as self-sufficient as possible.

In St. Louis County that means we provide services to eligible children and their families to help meet the mental health needs of children.

Who Is Eligible For These Services?

Children with Severe Emotional Disturbance (SED) are entitled to an array of treatment, counseling, and supportive services. Children experiencing severe emotional disturbances include:

- ★ Youth receiving inpatient treatment,
 - ★ Children with psychosis or clinical depression,
 - ★ Youth at risk of harming self,
 - ★ Any youth with impaired home, school, or community functioning lasting more than one year.
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How Do I Know If My Child Has SED?

Call your county social service agency and ask for children's mental health intake services. A trained county social worker (or their contracted providers) will help you determine if your child has SED and is eligible for CMH case management services.

If your child does not have a mental health diagnosis, he or she will need a mental health assessment, which evaluates your child's functioning at home, at school and in the community. The county social worker can assist you in:

- ★ Obtaining a comprehensive diagnostic assessment.
- ★ Conducting a functional assessment.
- ★ Developing an Individual, Family, and ~~Community Services Plan (IFCSP)~~



Children's Mental Health Case Management Services

What Services Are Available If My Child is Eligible?

As part of the Individual, Family, and Community Services Plan for a child with SED, the children's mental health social worker will help coordinate:

- ★ Education and Prevention Services
- ★ Mental Health Identification and Intervention Services
- ★ Emergency Services
- ★ Out-Patient Services
- ★ Family Community Support Services
- ★ Day Treatment Services
- ★ Residential Treatment Services
- ★ Screenings
- ★ Case Management
- ★ Therapeutic Support of Foster Care
- ★ Professional Home-Based Family Treatment

